



**PalliativeCare**  
AUSTRALIAN CAPITAL TERRITORY

# ACT BOARD OUTCOMES

from meeting of 22 June 2020

## FROM THE PRESIDENT

*Palliative Care: It's More Than You Think* - was the theme of this year's National Palliative Care Week. The week, although low-key, was a great success and I am delighted to report that we did a soft launch of our toolkit which focussed on assisting employees with a life limiting illness and their carers. These toolkits are proving to be popular, not only with Government agencies and local businesses, but also with our palliative care counterparts in the States. Our plan is to develop a series of toolkits, each with a different focus. We are currently looking at researching the different cultural approaches to death and dying, with a focus on the Australian demographic.

## WEBSITE

Please have a look at our website which has recently been updated and note the inclusion of a scrolling bar which thanks donors for their contributions.

## COVID INITIATIVES

Each of our COVID initiatives – Isolation Relief, Palliative Support Call Out Service, Life Stories: A Moment in Time, and the Palliative Care Tele-help have progressed, albeit a little slowly. On Isolation Relief, we have three volunteers trained in the technology and they are assisting clients to keep in touch with family and friends. Other volunteers are staying in touch with their clients via phone. Our Call Out service has been used with one volunteer staying with a palliative patient at Clare Holland who had no family or friends, to ensure he did not die alone. We have one oral life story almost complete and another about to commence, and our tele-help line has received a number of out of hours calls from GPs and others seeking advice.

## DONATIONS

Many of you will know that Suncorp has supported our Life Stories program for the past two years, but that funding ceased in March. I am therefore particularly pleased to advise that Lodge Canberra Unity, a long-time supporter of PC ACT, came forward and donated \$16,900 to support the program. The Tall Foundation, a member of the Capital Chemist Group, has also agreed to sponsor our next movie and the Capital Chemist network has also offered to fund the reprinting of our Palliative Caring booklet. We are very grateful for the continuing support of these organisations.

## WINE-A-THON

Planning and organisation for our first wine-a-thon, which we have named Raise Your Glass, is well underway. The wines have been selected, notes on each wine have been prepared, and shortly we will be launching our sales drive. It will be possible to place orders for a half or full dozen and there will be both a north and south side pick-up point or the wine can be delivered for a small fee. This is an excellent way to grow your wine cellar, or simply enjoy cracking open a bottle with your evening meal, while at the same time supporting a worthwhile cause.



## **NEXT MOVIE EVENT**

Our next movie event will be held in July. We are showing the 'feel good' movie Love Sarah, starring Celia Imrie. Invitations went out to volunteers a few days ago and I am pleased to say that the response has been wonderful. In fact, we have had so many expressions of interest that we have to run the event over two Sundays, the 5th and 12th of July due to the limited number of patrons permitted in the theatre and the need to socially distance.

## **NEXT MEETING**

The next meeting of the Board will be held at 6.00 pm on Monday 27 July 2020 at the Tom Elvin Centre.

Louise Mayo  
President

